

15289 Diced Ham Water Added

| Nutrition Facts | |
|--|-------------------------|
| Serving Size 2 oz (57 grams) | |
| Servings Per Container Approx 160 | |
| <hr/> | |
| Amount per Serving | |
| Calories 98 | Calories from Fat 45 |
| <hr/> | |
| | % Daily Value |
| Total Fat 5g | 8% |
| Saturated Fat 2g | 10% |
| Trans Fat 0g | |
| Cholesterol 25mg | 8% |
| Sodium 350mg | 15% |
| Total Carbohydrate 2.2g | 1% |
| Dietary Fiber < 1g | |
| Sugars 1g | |
| Protein 11g | 22% |
| <hr/> | |
| Vitamin A 0% * | Vitamin C 0% |
| Calcium 2% * | Iron 4% |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |
| | Calories 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Saturated Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2400mg 2400mg |
| Total Carbohydrates | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram | |
| Fat 9 * Carbohydrate 4 * Protein 4 | |

KEEP FROZEN

FULLY COOKED

**15289
DICED HAM**

SMOKED FLAVORING ADDED

**CURED WITH WATER, DEXTROSE, SALT, MODIFIED
FOOD STARCH, POTASSIUM LACTATE, SODIUM
PHOSPHATES, SODIUM DIACETATE, SODIUM
ERYTHORBATE, SODIUM NITRATE, SMOKE FLAVORING**

NET WT 20 LBS

**Packaged for:
Fair Market Inc.**