



FULLY COOKED, FORMED, BREADED CHICKEN TENDERS

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|---------------------------|------------|
| Code: | 62130 |
| Case Pack: | 1 / 30 lb. |
| Net Weight: | 30 lb. |
| Storage: | Frozen |
| Servings per Case: | 141 |



FROZEN



COOKED

Preparation Instructions:

From Frozen:

Appliances vary, adjust cook times accordingly.

Conventional Oven: For 10 - 14 minutes @ 350° F.

Convection Oven: For 8 - 10 minutes @ 350° F.

Ingredients:

Chicken, dried whole egg solids, salt, sodium phosphates, white pepper and onion powder. BREADED WITH: Enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, dextrose, leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), soybean oil, mono-and diglycerides, oleoresin paprika.

BATTERED WITH: Water, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, whey, leavening (sodium aluminum phosphate, sodium bicarbonate), spice, garlic powder, oleoresin paprika, guar gum. Breading set in vegetable oil.

Nutrition Facts

Serving Size 4 Pieces (96g)
Serving Per Container: 141

Amount Per Serving

Calories 230 **Calories from Fat** 110

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 85mg **29%**

Sodium 510mg **21%**

Total Carbohydrate 13g **4%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 16g

Vitamin A 2% • Vitamin C 0%

Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.

Child Nutrition Information:

Approximate meat credits per serving. Four CN 0.85 oz serving of fully cooked, breaded chicken tenders provide 2.00 oz. equivalent meat/meat alternate credit and 1 bread serving.

Allergens:

Egg, Milk and Wheat