

KEEP FROZEN

COOK BEFORE SERVING

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One 2.60 oz. Sausage Breakfast Bagel provides 1.00 oz. equivalent meat/meat alternate and 1 serving of bread alternate for the Child

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Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 12-06).

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DEPARTMENT OF
AGRICULTURE
EST. 17237

SAUSAGE BREAKFAST BAGEL

(Bagel topped with Low Moisture Part-Skim Mozzarella Cheese and Mozzarella Cheese Substitute, Breakfast Sausage and Textured Vegetable Protein Product, and Pizza Sauce)

INGREDIENTS: TOPPINGS: Low moisture part-skim mozzarella cheese (pasteurized milk, cultures, salt, enzymes), mozzarella cheese substitute (water, corn oil, nonfat dry milk, modified food starch, potassium chloride, sodium citrate, sodium aluminum phosphate, sodium tripolyphosphate, tri-calcium phosphate, magnesium oxide, ferric orthophosphate, vitamin A palmitate, niacinamide, zinc oxide, cyanocobalamin, pyridoxine hydrochloride [vitamin B6]), cooked pizza topping (breakfast sausage [ground pork {not more that 24% fat}, seasoning {salt, spices, dextrose, sugar, natural flavors}, water], water, textured vegetable protein product [soy flour, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine hydrochloride, riboflavin, cyanocobalamin]); **CRUST:** Enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, liquid malt (corn syrup, barley malt extract), yeast, salt, dough conditioner (vegetable gum, L-cysteine, enzymes), calcium propionate (to maintain freshness); **SAUCE:** Water, tomato paste (not less than 28% soluble solids), modified food starch, sugar, corn oil, dextrose, salt, spices, dehydrated onion, dehydrated Romano cheese (pasteurized cultured cow's milk, salt, enzymes), garlic powder, paprika, citric acid, beet powder.

Contains wheat, soy, milk.

COOKING GUIDELINES

Place frozen bagels in 18" x 26" x 1/2" bun pans.

Oven Type	Preheated Oven Temperature	Cooking Time
Convection	375°F	8 to 10 minutes
Conventional	400°F	10 to 12 minutes

NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments.

11/30/06

Nutrition Facts	
Serving Size 1 piece (74g) Servings Per Container 96	
Amount Per Serving	
Calories 170	Calories from Fat 60
Total Fat 7g	11% % Daily Value*
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 500mg	21%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 9g	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 10%
*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.	
Total Fat	2,000 2,500
Saturated Fat	Less Than 65g 80g
Cholesterol	Less Than 20g 25g
Sodium	Less Than 300mg 300 mg
Total Carbohydrate	Less Than 2,400mg 2,400mg
Dietary Fiber	300g 375g
Sugars	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4
Protein 4	