

Nutritional Label

BATTERED CHEESE STICKS

Nutrition Facts

Amount Per Serving		
Calories 80		Calories from Fat 30
		% Daily Value
Total Fat 3.5g		5%
Saturated Fat 2g		10%
Trans Fat 0g		
Cholesterol 5mg		2%
Sodium 200mg		8%
Total Carbohydrates 8g		3%
Dietary Fiber 0g		0%
Sugars 2g		
Protein 4g		
Vitamin A	0%	Vitamin C 0%
Calcium	6%	Iron 0%

Not a significant source of Trans Fat, Dietary Fiber, Vitamin A, Vitamin C, and Iron.

*Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 * Carbohydrate 4 * Protein 4

INGREDIENTS: Part-Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Culture, Salt, Enzymes, Calcium Chloride), Bleached Wheat Flour, Water, Vegetable Oil (Soybean and/or Canola), Wheat Flour, Yellow Corn Flour, Potato Starch. Contains 2% or less of Blue 1, Calcium Caseinate, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Mono & Diglycerides, Natural and Artificial Flavors, Oleoresin Paprika, Partially Hydrogenated Soybean Oil, Red 40, Salt, Sodium Alginate, Spices, Sugar, Whey, Yellow 5.
CONTAINS: Milk, Wheat.