

Code 1021

Honey Buns

Nutrition Facts

Serving Size 1 BUN (85g)
Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 200

% Daily Value*

Total Fat 22g 34%

Saturated Fat 11g 55%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 220mg 9%

Total Carbohydrate 40g 13%

Dietary Fiber 1g 4%

Sugars 17g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 10% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than:	65g	80g
Saturated Fat	Less than:	20g	25g
Cholesterol	Less than:	300mg	300mg
Sodium	Less than:	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, FRACTIONATED PALM OIL & COTTONSEED OIL, VEGETABLE SHORTENING (PALM OIL, MONO- & DIGLYCERIDES, POLYSORBATE 60), YEAST, CONTAINS LESS THAN 2 % OF EACH OF THE FOLLOWING: DEXTROSE, SOY FLOUR, SALT, MONO- & DIGLYCERIDES, HONEY FLAVORED POWDER (CANE REFINERY SYRUP, HONEY), CORN STARCH, CINNAMON, CALCIUM CARBONATE, AGAR, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), CALCIUM SULFATE, CALCIUM PROPIONATE & POTASSIUM SORBATE (PRESERVATIVES), DATEM, GUAR GUM, SOY LECITHIN, SODIUM HEXAMETAPHOSPHATE, SOYBEAN OIL, FUMARIC ACID, XANTHAN GUM, MONOCALCIUM PHOSPHATE, AMMONIUM SULFATE, ENZYMES, DRIED HONEY, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, ANNATTO AND TURMERIC EXTRACT COLOR, NATURAL & ARTIFICIAL FLAVORS, MILK, EGG.