

Code 16937

Hash Brown Sticks

Nutrition Facts

Serving Size 3 oz (85g) frzn

Amount Per Serving

Calories 190 Calories from fat
90

	% Daily Value *
Total Fat 10g	15%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 400mg	17%
Total Carbohydrates 22g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 1g	

Vitamin A 0%	• Vitamin C 15%
Calcium 2%	• Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.

Prep Instructions

- **Deep Fry:** Preheat fryer to 350°F. Fill fryer basket no more than half full. Deep fry for 2 minutes.
- **Convection Oven:** Preheat oven to 450°F. Place product in single layer on sheet pan. Cook for 10 minutes.
- **Standard Oven:** Preheat oven to 450°F. Place product in single layer on sheet pan. Cook for 20 minutes.

Menu Suggestions

- Same great flavor and texture as Tater Gems.
- These unique Tater Sticks are a nice addition to a hearty bowl of soup.

Ingredients

Potatoes, Partially Hydrogenated Vegetable Oil (Soybean, and/or Cottonseed Oils), and/or Vegetable Oil (Canola, Soybean, and/or Sunflower Oils), Salt, Disodium Dihydrogen Pyrophosphate (to Maintain Natural Color), Dextrose.