

Code 16939

5/16" Seasoned Coated Fries

Nutrition Facts

Serving Size 3 oz (85g) frzn

Amount Per Serving

Calories 140 Calories from fat 50

| | % Daily Value * |
|-------------------------|-----------------|
| Total Fat 6g | 9% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 370mg | 15% |
| Total Carbohydrates 20g | 7% |
| Dietary Fiber 2g | 10% |
| Sugars 0g | |
| Protein 2g | |

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.

Prep Instructions

- **Deep Fry:** Preheat fryer to 350°F. Fill fryer basket no more than half full. Deep fry for 3¼ minutes.
- **Standard Oven:** Preheat oven to 400°F. Place product in single layer on sheet pan. Cook for 25 to 30 minutes.
- **Convection Oven:** Preheat oven to 375°F. Place product in single layer on sheet pan. Cook for 12 to 15 minutes.

Ingredients

Potatoes, Partially Hydrogenated Vegetable Oil (Soybean, and/or Cottonseed Oils), and/or Vegetable Oil (Canola, Soybean and/or Sunflower Oils), Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Modified Food Starch, Rice Flour, Dextrin, Cornstarch, Spices, Onion Powder, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Canola and/or Soybean Oil, Color (Oleoresin Paprika and/or Oleoresin Turmeric), Guar Gum, Natural Flavor, Disodium Dihydrogen Pyrophosphate (to maintain natural color).

Contains: Wheat