

Nutrition Facts

Serving Size: 3 oz piece (84grams)

Servings per container: 106

Amount per Serving		Calories from Fat 54	
		% Daily Value	
Total Fat	6g		9%
Saturated Fat	2g		10%
Trans Fat	0g		
Cholesterol	20mg		7%
Sodium	420mg		17%
Total Carbohydrate	15g		5%
Dietary Fiber	1 gram		4%
Sugars	1g		
Protein	18g		36%

Vitamin A 0% * Vitamin C 0%

Calcium 0% * Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 * Carbohydrate 4 * Protein 4

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Fully Cooked Chicken Breast Fritter with rib meat

Ingredients: chicken breast with rib meat. Containing up to 10% of a solution of water, seasoning (modified food starch, soy protein concentrate, salt, garlic flavor [salt, gum arabic, garlic extractives], sugar), sodium phosphates. Predusted with wheat flour, modified corn starch, corn flour, salt, sugar, whey, leavening (sodium acid pyrophosphate, sodium bicarbonate), onion powder, spice, spice extractive, extractives of paprika. Battered with: water, wheat flour, modified corn starch, corn flour, salt, sugar, whey, leavening (sodium acid pyrophosphate, sodium bicarbonate), onion powder, spice, spice extractives, extractives of paprika. Breaded with: bleached wheat flour, salt, spices, extractives of paprika.

CONTAINS: WHEAT, SOY, MILK.

KEEP FROZEN

NET WT. 20 LBS.

PDFNZC



PACKED FOR: FAIR MARKET, INC. WENTZVILLE, MO 63386