

# FROZEN CHEESE TORTELLINI

## CODE 45325

PRODUCT DESCRIPTION: IQF (Individually Quick Frozen),  
Recipe E, PRE-COOKED

INGREDIENTS: DOUGH MIXTURE: Enriched Semolina Flour (Semolina Flour {Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid}), Water, Eggs. FILLING: Ricotta Cheese (Whey, Pasteurized Whole Milk, Skim Milk, Vinegar, Salt), Imported Romano Cheese (Pasteurized Sheep's Milk, Cheese Culture, Salt), Cracker Meal (Enriched Bleached Wheat Flour {Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid}, Ammonium Bicarbonate, Leavening {Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate}, Guar Gum), Potato Flakes (Dehydrated Potatoes, Mono and Diglycerides {preserved with: Sodium Acid Pyrophosphate, Sodium Bisulfite and Citric Acid}), Salt, Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Garlic, Spices.

CONTAINS: WHEAT, MILK, EGGS

COOKING INSTRUCTIONS: Bring 4 qts. of water to a boil, add 1 1/2 tbsp. of salt for every pound. Add frozen tortellini to boiling water, reduce heat to low simmer, stir gently. Cook uncovered for approximately 3-5 minutes or to desired tenderness. Drain well and serve.

Nutrition Facts			
Serving Size 1/2 cup (67 grams)			
Servings per container:		68	
Amount per Serving			
Calories 196	Calories from Fat 36		
%			
		Daily Value	
Total Fat 4g			6%
Saturated Fat 2g			10%
Cholesterol 13mg			4%
Sodium 240mg			10%
Total Carbohydrate 31g			10%
Dietary Fiber 1g			4%
Sugars 4g			
Protein 9g			18%
Vitamin A 4%	*	Vitamin C 3%	
Calcium 13%	*	Iron 11%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9 * Carbohydrate 4 * Protein 4			