

7078-Breaded Boneless Chicken Wing

Uncooked, Southern Style

7078

BREADED CHICKEN TENDERLOIN BITES

*Containing up to 14% of a Solution of Water, Isolated Soy Protein, Salt and Sodium Phosphate.

BATTERED, BREADED AND PREDUSTED WITH: Bleached Wheat Flour, Water, Salt, Spice, Monosodium Glutamate, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate, Calcium Carbonate, Monocalcium Phosphate), Dehydrated Bell Pepper, Onion Powder, Garlic Powder, Less than 2% Sodium Silicoaluminate added to prevent caking. Breading set in Vegetable Oil.

CONTAINS: SOY AND WHEAT

Nutrition Facts	
Serving Size 5 Pieces (112g)	
Servings Per Container About 40	
Amount Per Serving	
Calories 230	Calories from Fat 90
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 1.5g	3%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1010mg	42%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 16g	
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

COOKING INSTRUCTIONS FROM FROZEN: Deep fry at 350°F for 5 minutes; Conventional Oven at 450°F for 15 minutes; Convection Oven at 400°F for 10 minutes. Fully cook to a minimum internal of 165°F. Appliances vary, adjust cook time accordingly.

DO NOT MICROWAVE