

Code 90400

Nutrition Facts

Serving Size: 3 piece (102 grams)

Servings per container: Appox 89

Amount per Serving

Calories 277 Calories from Fat 117

% Daily Value

Total Fat 13g 20%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 360mg 17%

Total Carbohydrate 35g 12%

Dietary Fiber 1 gram 4%

Sugars 6g

Protein 5g 10%

Vitamin A 0% * Vitamin C 0%

Calcium 0% * Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 * Carbohydrate 4 * Protein 4

FRENCH TOAST STICKS

INGREDIENTS: Bread: (Enriched Wheat Flour [Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid (A B Vitamin)], Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of each of the Following: Soybean Oil, Salt, Dough Conditioners (May contain one or more of the following: Sodium Stearoyl Lactylate, Calcium Stearoyl-2-Lactylate, Calcium Iodate, Azodicarbonamide), Corn Flour, Glycerol Monooleate, Natural Flavor, Paprika (Color), Calcium Propionate (To Retard Spoilage), Calcium Sulfate, Polysorbate 60, Polysorbate 80, Monocalcium Phosphate, Yeast Food (Ammonium Sulfate).

Batter and Breading: Water, Bleached Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Dextrose, Contains 2% or less of the following: Dried Whey, Wheat Starch, Dried Egg Yolk, Milk Protein Concentrate, Salt, Artificial Flavor, Spice Extract, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate), Mono and Diglycerides, Guar Gum, Fried in Soybean Oil.

CONTAINS: Wheat, Egg, Milk