

# Tater Tots

## Product Benefits

- A classic fast food and school side dish.
- Wide appeal and acceptance in non-commercial and commercial operations.
- Available in a 5 lb bag.

## Specifications

- 7/8" x 1 1/4"
- .31 ounces per unit
- Approximately 49-55 units per pound

## Prep Instructions

- Deep Fryer: Fry 1 1/2 pounds of frozen Gems at 350°F for 3 minutes.
- Convection Oven: Place frozen Gems in a single layer on a sheet pan. Bake at 450°F for 10 minutes.
- Standard Oven: Place frozen Gems in a single layer on a sheet pan. Bake at 450°F for 20 minutes.

## Menu Suggestions

- Tater Gems are a great complement to almost any fast-food fare and they go great with a bowl of chili.

## Ingredients

Potatoes, partially hydrogenated vegetable oil (soybean and/or cottonseed oils), and/or vegetable oil (canola, soybean and/or sunflower oils), salt, disodium dihydrogen pyrophosphate (to maintain natural color), dextrose.

## Nutrition Facts

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### Amount Per Serving

Calories 170 Calories from fat  
90

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% Daily Value *	
Total Fat 10g	15%
Saturated Fat 2.5g	12%
Trans Fat 3.5g	
Cholesterol 0mg	0%
Sodium 340mg	14%
Total Carbohydrates 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

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Vitamin A	•	Vitamin C
0%		8%

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Calcium 0%	•	Iron 2%
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\* Percent Daily Values are based on a 2,000 calorie diet.